

# HEADFIRST

## SUMMER CAMPS



# 2020



### TWO NEW LOCATIONS FOR 2020!

## Palisades, NW D.C. + Leesburg, VA

St. Patrick's Episcopal Day School

Loudoun Country Day School

We are thrilled to offer *six convenient locations* in the DMV for summer 2020! Headfirst is pleased to partner with **St. Patrick's Episcopal Day School** and **Loudoun Country Day School** to bring our top-notch summer programs to two more communities. Supported by world-class facilities and a proven curriculum, Headfirst campers in Palisades and Leesburg will enjoy state-of-the-art playgrounds and dynamic counselors to facilitate a summer of joy and exploration!



**4700 Whitehaven  
Parkway NW**  
WASHINGTON, D.C. 20007



**20600 Red  
Cedar Drive**  
LEESBURG, VA 20175







## VARIETY MIGHT BE THE SPICE OF LIFE, BUT IT'S ALSO THE HEART OF CAMP.

Junior Day campers enjoy all the best parts of summer camp, including activities like art, music, STEM and swimming (based on location). With an age-appropriate emphasis on creative exploration, campers build independence and focus on school readiness, with a summer-appropriate emphasis on FUN.

We go above and beyond for these youngest campers to ensure they feel comfortable—from our welcoming carpool drop off, to our half-day only option, to our new lineup of kid-friendly themes. There's something for everyone!

**HOURS**  
9am – 3pm

**AGES**  
Rising Pre-K & Younger

**LOCATIONS**  
All

**RATIO**  
6:1

### NEW THEMES!

- WELCOME TO CAMPELOT
- FUN AT THE FAIR
- THERE'S SNOW PLACE LIKE CAMP
- DEEP SEA DISCOVERY



To enroll, please visit [headfirstcamps.com](https://headfirstcamps.com)  
or call (202) 625-1921.





# Day CAMP



## OUR EVERYDAY ROUTINE IS TO SHAKE UP ROUTINE, EVERY DAY.

Summer is the perfect time for kids to try new things. With a mix of art, sports, music, STEM and more, this camp has it all! Our days are packed with games and activities designed to encourage kids to expand their comfort zones, embrace their newfound independence and test their limits in a supportive environment.

And speaking of new things, we're introducing many new and exciting themes this year. Don't pick just one – try them all!

### NEW THEMES!

- ATLANTIS ADVENTURE
- ALL PAWS ON DECK
- REPTILIAN RESEARCHERS
- WETLAND WONDERS



#### HOURS

9am – 3pm

#### AGES

Rising K & 1st Grade

#### LOCATIONS

All

#### RATIO

8:1

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**Innovators,  
INC.**



## CREATIVITY + ANALYSIS + TEAMWORK = ONE VERY FUN WEEK.

In this STEAM-based program, campers act as creative consultants fielding an urgent request from a client in need of assistance—either designing a city, putting on a variety show, running their own restaurant or traveling through history.

Campers learn as much as they can about the week's topic in order to put on a successful special event every Friday. Each week also includes a related field trip or expert workshop to enhance the experience.

**NEW FOR 2020!**  
**Innovators,  
ELEVATED**

Specially designed for rising 4th – 6th graders, this next level of Innovators, Inc. challenges campers to utilize critical thinking and teamwork to solve history's mysteries, produce original performances and transform into highly sought after 21st century changemakers.

### NEW THEMES!

- GLOBAL GASTRONOMY
- ANIMAL ADVOCATES
- TOY STORE GALORE
- WHERE IN THE WORLD IS HEADFIRST SUMMER CAMPS?
- PERFORMERS AND PRODUCERS
- CRITICS AND CREATORS



**HOURS**  
9am – 3pm

**AGES**  
Rising 2nd to 6th Grade  
(varies by location)

**LOCATIONS**  
All

**RATIO**  
10:1





# STEM CAMP



## HANDS-ON LEARNING HELPS INQUISITIVE MINDS BLAST OFF.

We take Science, Technology, Engineering and Math to the moon and beyond! Our campers launch rockets, design water filtration systems, program robots, dust for fingerprints and code their own video games with Hopscotch.

In addition to learning new skills and technology related to various STEM themes, this cutting-edge camp also focuses on problem-solving, creativity and collaboration, making it a fun and interactive experience.

### NEW THEMES!

- PATENT PENDING
- SPACE: THE HEADFIRST FRONTIER
- SET SAIL!
- CULINARY CONCOCTIONS



**HOURS**  
9am – 3pm

**AGES**  
Rising K to 6th Grade  
*(varies by location)*

**LOCATIONS**  
All

**RATIO**  
8:1 to 10:1

To enroll, please visit [headfirstcamps.com](http://headfirstcamps.com)  
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**EVERY SPORT SHARES  
THE SAME GOAL—TEAMWORK.**

Join us for nonstop sports fun with an emphasis on teamwork, sportsmanship, and healthy competition. Campers of all skill levels and abilities compete in teams and learn the basics of soccer, handball, floor hockey, basketball and flag football.

Each week will also feature a rotating mix of games and activities including Big Bat Homerun Derby, a dunk contest, Capture the Flag and Supersonic.

To enroll, please visit [headfirstcamps.com](http://headfirstcamps.com)  
call (202) 625-1921.

HOURS	AGES	LOCATIONS	RATIO
9am – 3pm	Rising K to 7th Grade (varies by location)	All	8:1 to 10:1



**NON-STOP EXCITEMENT  
ONE WEEK AT A TIME!**

Headfirst Overnight Camp provides the best of both worlds—the fun and traditions of an overnight camp, but with the comfort and convenience of being close to home. Our week-long program allows campers to choose electives in STEM, Sports, and Creative Arts. Each week is topped off with an exciting field trip around the nation’s capital!



AGES	LOCATION
Rising 4th to 6th Grade	Alexandria, VA (Episcopal High School)

**SESSION 1** July 5 - 10

**SESSION 2** July 12 - 17

**SESSION 3** July 19 - 24

**SESSION 4** July 26 - 31



**YOUR BEST GAME IS OUR END GAME.**

Fitzpatrick Hoops operates under the expert coaching of Episcopal High School’s Varsity Basketball Coach, Jim Fitzpatrick. In his fourteen years at Episcopal, Fitzpatrick has created a winning atmosphere and won several championships and IAC conferences.



This fun and challenging camp provides a supportive atmosphere for players of all abilities who want to work on both teamwork and technique. Through drills, games and competition, Fitzpatrick Hoops encourages every camper to shoot for their best.

HOURS	AGES	LOCATION
9am – 3pm	Rising 2nd to 7th Grade	Alexandria, VA (Episcopal High School)



# W BASEBALL & SOFTBALL SUMMER CAMPS

Presented by **E INOVA**  
Sports Medicine



The ultimate experience for fans of baseball and the World Series Champions!

**[nationals.com/camps](http://nationals.com/camps) • (202) 715-6683**

## D.C. UNITED CAMPS



One-week soccer camps that let young fans get closer to their favorite team!

**[dcunitedsummercamps.com](http://dcunitedsummercamps.com) • (202) 313-7386**

## HEADFIRST LOCATIONS

### NEW LOCATIONS

#### **PALISADES, NW D.C.**

St. Patrick's Episcopal Day School

#### **LEESBURG, VA**

Loudoun Country Day School

#### **CATHEDRAL HEIGHTS, NW D.C.**

St. Albans School  
& National Cathedral School

#### **ALEXANDRIA, VA**

Episcopal High School

#### **BETHESDA, MD**

Mater Dei School

#### **OAKTON, VA**

Flint Hill School

## HEADFIRST EXTRAS

**BUS SERVICE:** We offer convenient bus service to and from camp at select locations. Most bus routes also include Extended Day. Supervision is provided on all buses by our own Headfirst counselors.

**EXTENDED DAY:** Extended Day is offered in both the morning and afternoon at all of our camp locations and can be purchased either daily or weekly.

**LUNCH OPTIONS:** Headfirst's lunch offers healthy, freshly prepared meals delivered straight to camp each day for interested families.

**SWIM LESSONS:** After-camp swim lessons are offered throughout the summer at select locations, with campers ready for pick up at 4pm.

**DAILY ENROLLMENTS:** Going away for a long weekend? Only need one or two days of camp here and there? Summer schedules can be unpredictable, which is why we offer daily enrollments Tuesday through Friday, every week, at every location.

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